

JOHN GLENN TOURNAMENT FOOD LIST

Below is a food donation list for the 2011-2012 season. When your child is attending a tournament, please send the food listed for the weight class your child is wrestling on that date. If you have any questions or unable to make a donation for any reason, please contact the appropriate coordinator listed below:

Varsity: To Be Determined

JV: To Be Determined

	12/10/11	12/17/11	12/28/11	12/30/11	01/07/12	01/14/12	01/21/12	01/28/12	02/04/12	02/11/12
103	A	N	M	L	K	J	I	H	G	F
112	B	A	N	M	L	K	J	I	H	G
119	C	B	A	N	M	L	K	J	O	H
125	D	C	B	A	N	M	L	K	J	I
130	E	D	C	B	A	N	M	L	K	J
135	F	E	D	C	B	A	N	M	L	K
140	G	F	E	D	C	B	A	N	M	L
145	H	G	F	E	D	C	B	A	N	M
152	I	H	G	F	E	D	C	B	A	N
160	J	I	H	G	F	E	D	C	B	A
171	K	J	I	H	G	F	E	D	C	B
189	L	K	J	I	H	G	F	E	D	C
215	M	L	K	J	I	H	G	F	E	D
H.W.	N	M	L	K	J	I	H	G	F	E

A = Gatorade (1 Case)

B = Water (1 Case)

C = Bagels & Cream Cheese and/or Muffins

D = Granola/Nutrigrain Bars

E = Fruit (i.e. grapes, apples, oranges, bananas)

F = Veggies (i.e. celery, carrots, etc. with or without dip)

G = Pasta Salad

H = Cheese & Crackers

I = Main Dish - Cold (i.e. lunchmeat & bread, subs)

J = Main Dish - Hot (i.e. mostaccioli, sloppy joes)

K = Gatorade (1 Case)

L = Water (1 Case)

M = Peanut Butter

N = Paper Products (plates, bowls, silverware, napkins)