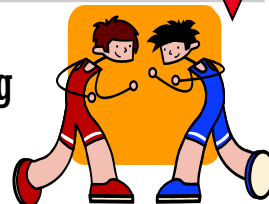


JGHS WRESTLING

Take Down

Don't say "I'll try"....say "I will".....Glenn Wrestling



Pre-Season Take Down

Don't you find it hard to believe that summer is over, the first report cards have been issued, and Halloween is just around the corner? Next thing you know everyone will be having Thanksgiving dinner.

Wait a minute, I am getting ahead of myself. Actually, the next calendar activity for the wrestling program is
.....CONDITIONING!!!!

That's right, starting October 29th, in the weight room/gym 4 area, from 2:30 to 4:30 plan on getting whipped back into wrestling season shape.



Special points of interest:

- U of M Camp Details
- Rocket Camp
- Milan and Lowell
- Summer Wrestling Fun
- "Tentative" Schedule

Promising Returnees

After a thrilling end to last year's season with three Glenn wrestlers going to the state competition, are you wondering what there is to look forward to this year? Never fear, there are quite a few talented wrestlers returning to the mats this year. These guys have a lot of potential, and we are excited to see what this season has in store for them or what they have to show the fans!

Jeremiah Austin had an outstanding summer—winning every match at the U of M camp and Milan duals. Josh Austin showed a lot of maturity and growth approaching his sophomore year. We look forward to an outbreak year from Josh.

Zaid Ammari and Anthony Pavlich were wrestling machines—taking advantage of wrestling in every tournament possible!! They both were definitely team leaders the entire summer.

Gary Lawrence and Dan McCahill participated in several tournaments as well as track and cross country to stay in shape in the summer.


Tentative

2007—2008 Wrestling Schedule—Varsity

Date		Location	Time
11/17/07	Away	Hazel Park High School (Scrimmage)	12:00 p.m.
11/21/07	Away	Catholic Central High School (Scrimmage)	1:00 p.m.
12/1/07	Home	Rocket Invite	10:00 a.m.
12/6/07	Away	Catholic Central High School (Catholic Central & Monroe)	TBA
12/8/07	Away	Garden City High School	9:30 a.m.
12/12/07	Away	Wayne Memorial High School	5:30 p.m.
12/15/07	Away	Woodhaven High School Duals	TBA
12/19/07	Home	Walled Lake Northern High School	7:00 p.m.
12/22/07	Away	Canton High School Duals @ EMU	TBA
1/5/08	Away	Troy High School	10:00 a.m.
1/10/08	Away	Livonia Stevenson High School	7:00 p.m.
1/12/08	Away	Catholic Central High School	10:00 a.m.
1/17/08	Home	Churchill High School (Parents' Night)	7:00 p.m.
1/24/08	Away	Walled Lake Central High School	7:00 p.m.
1/26/08	Away	Churchill High School (Observerland)	9:00 a.m.
1/31/08	Home	Dearborn High School & Salem High School	5:30 p.m.
2/6/08	Home	WLAA Crossover	7:00 p.m.
2/9/08	Away	WLAA Conference	9:00 a.m.
2/14/08	Home	Team District	TBA
2/16/08	Away	Individual District	TBA
2/20/08	Away	Team Regional	TBA
2/23/08	Away	Individual Regional	TBA
2/29-3/1/08	Away	Team Finals - Battle Creek	TBA
3/6-8/08	Away	Individual Finals - Auburn Hills	TBA



Conditioning Schedule

Monday—Friday

Starting immediately after school until approx. 4:30 p.m.

2007—2008 Wrestling Schedule—J.V.



Date		Location	Time
11/17/07	Away	Hazel Park High School (Scrimmage)	12:00 p.m.
11/21/07	Away	Catholic Central High School (Scrimmage)	1:00 p.m.
12/1/07	Home	Rocket Invite	10:00 a.m.
12/6/07	Away	Catholic Central High School (Catholic Central & Monroe)	TBA
12/8/07	Away	Adrian High School	TBA
12/19/07	Home	Walled Lake Northern High School	6:30 p.m.
12/22/07	Away	Canton High School Duals @ EMU	TBA
1/5/08	Away	Canton High School JV Tournament	TBA
1/10/08	Away	Livonia Stevenson High School	6:30 p.m.
1/12/08	Away	Garden City High School	9:30 a.m.
1/17/08	Home	Churchill High School	6:30 p.m.
1/19/08	Home	John Glenn High School	TBA
1/24/08	Away	Walled Lake Central High School	6:30 p.m.
1/26/08	Away	Hazel Park "B Team" Tournament	TBA
1/31/08	Home	Salem High School	6:30 p.m.
2/2/08	Away	Livonia Stevenson High School	9:00 a.m.
2/6/08	Home	WLAA Crossover	6:30 p.m.

“Did You Know”

A match is competition between two individual wrestlers who are of as nearly equal weight as possible. A series of matches, one in each of the 14 weight classifications, constitutes a dual meet.



UP COMING EVENTS —

POT LUCK DINNER

Wednesday

NOVEMBER 7, 2007

6:30 P.M.—Room 146

BRING A DISH TO PASS

The permanent schedule, with away game directions, will be posted on the web.

Check out
<http://www.highschoolsports.net>

Summer Memories —

- ◆ **Milan Duals**—the usual challenges when coming up against a unfamiliar group of wrestlers. Overall, the duals were a winning summer session.

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- ◆ **U of M Camp** — JGHS placed 7th, with Jeremiah Austin undefeated in the championship after all three days of competition. Jeremiah was also undefeated on the last day of the individual tournament.

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- ◆ **Rocket Camp**—had a great turn out this year. On the final day of camp, Coach Cox and Mary Cox graciously hosted a BBQ at their new home. The food was great, the weather was hot, and the pool refreshing!!

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- ◆ **Lowell Road Trip**—and what a trip it was. Zaid Ammari, Dan McCahill, Anthony Pavlich, Gary Lawrence, and Justin Robinson traveled to Lowell on a Friday afternoon to hit the mats and meet the challenges of summer wrestling. In support of these wrestlers, Coaches Wood, Crazy Ray, and Cox were in attendance doing their usual great job of coaching. After a long night in a hot gym, the wrestlers and their families headed north east to Loon Lake—where the fun began.

- ◆ A great time was had by all—bomb fires, swimming, tubing, jet boat driving & riding, good food, car shows, and let’s not forget dirt bike riding instructions. Two of our wrestling members earned new names. Meet Coach Driftwood and “Road Rash” - a.k.a. Zaid.