



GLENN

Wrestling

**PLEASE JOIN
THE GLENN WRESTLERS
FOR A
POT LUCK DINNER**

**Tuesday
NOVEMBER 16, 2010
6:30 P.M.
Cafeteria**

BRING A HEALTHY DISH TO PASS

MEET THE COACHES AND WRESTLERS

**LEARN MORE ABOUT THE
GLENN WRESTLING PROGRAM**

**NUTRITION MEETING
IMMEDIATELY FOLLOWING DINNER**

If you have any questions, please contact
Coach Polk @ rocketwrestling@gmail.com